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How to Be a Fearless Badass

By Zaron Burnett

Audible Studios on Brilliance, 2016. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. Nothing in life is to be feared, it is only to be understood. Now is the time to understand more, so that we may fear less. (Marie Curie, scientific badass) You know it, I know it, everyone knows it fear is your constant companion and lifelong enemy. It strips your days of meaning, it robs you of opportunities, and it undermines your confidence as it imagines a future you wouldn't want to step in. Let's be real about it: It's also a necessary evil that keeps your ass on this side of the grass. So, the question is: How do you manage fear? Well, that's no easy task. No lie, it is a daily struggle. American writer Zaron Burnett III may not be a former MMA champion or a millionaire life coach who's here to teach you how to overcome your fears no, he's something else entirely: He's honest. In this collection of essays, he offers you his casual and candid, humorously skewed view of the world, one that's guaranteed to make you laugh as he hands you...



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