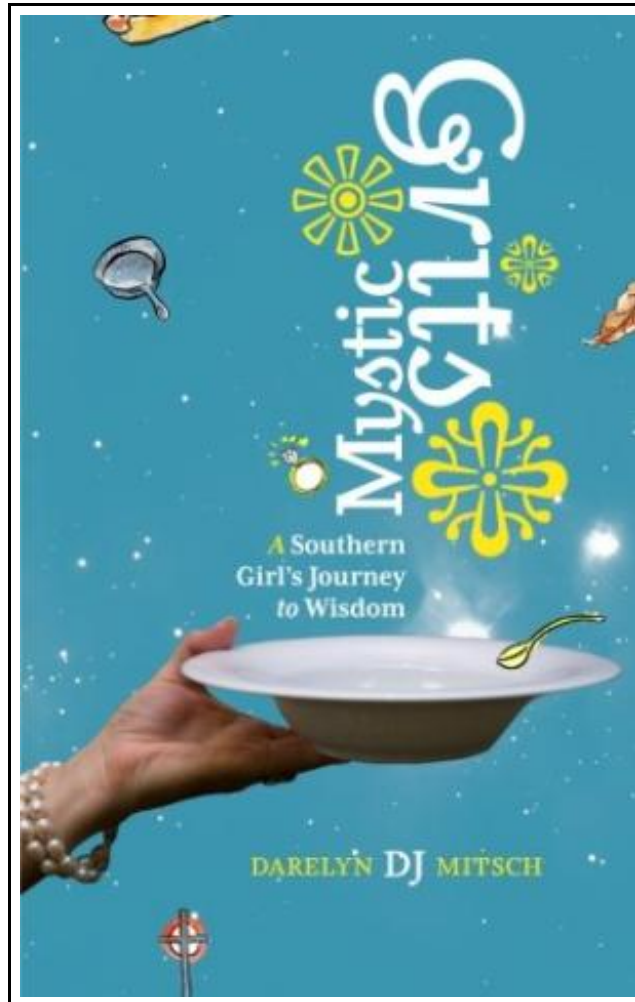


Mystic Grits: A Southern Girl's Journey to Wisdom



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Reviews

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(Mrs. Winifred Fritsch)

MYSTIC GRITS: A SOUTHERN GIRL S JOURNEY TO WISDOM



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Pyramis Press, United States, 2009. Paperback. Book Condition: New. 201 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Mystic Grits is a story about a southern girl s personal evolution and growth into a conscious awakening at midlife -presented as a work in meta-fiction, the collision of two literary genres -autobiography sparked with metaphysical spirituality -or, said another way, the Dance of the Dissonant Daughter meets Star Trek, the Next Frontier. Follow a young girl named Precious, the namesake of a wise, Carolina tobacco-farming grandmother -she calls Maw Maw- the magical influence in the girl s early life and who shows up posthumously as an image during a retreat in the mountains and as a consistent voice and guide in her journals. Struggling with where to start the story of her life s journey, the author writes, I climbed the ladder to my attic to collect dust-covered journals and diaries among the luggage, my kid s outgrown clothes and that vast collection of Beanie Babies I thought would make me rich one day. I wanted to see if there was a story worth reading in the diary pages written as I explored the depths of my soul during life transitions and spirit-filled growth spurts. Pulling from these journals just a few of the cosmic events and deeper inquiries, she has found a novel way to transform truly personal reflections into a sampling of anecdotal stories about her inner journey beyond her southern traditions and values. More than just an entertaining story, the book is a recollection of actual moments from the author s life. Young Precious grows into a spirited woman who, while remaining true to her deep-rooted faith, is also awakened to a more-expansive view of how to live out loud and fully embrace...



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