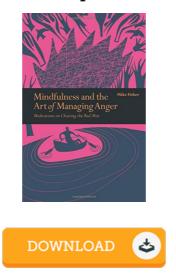
# Mindfulness the Art of Managing Anger: Meditations on Clearing the Red Mist (Paperback)



# **Book Review**

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